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Optimal process of supercritical carbon dioxide extracting Bama hempseed oil and its physicochemical property

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Research

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ABSTRACT

The objective of this work was to obtain optimal SC-CO₂ extracting BHS oil process, response surface methodology (RSM) was applied to analyze effects of extraction pressure, extraction temperature, CO₂ flow rate and extraction time on oil yield. Quality indices, fatty acid compositions and antioxidant activities were further compared between SC-CO₂-extracted oil and Soxhlet-extracted oil. The results showed that the maximum recovery of BHS oil was $26.78 \pm 2.75\%$ (w/w) when SC-CO₂ conditions were extraction pressure of 38.8 MPa, extraction temperature of 36.15 °C, CO₂ flow rate of 7.51 L/min and extraction time of 3 h. SC-CO₂-extracted BHS oil exhibited better transparency, smell and color as well as higher unsaturated fatty acid content than Soxhlet-extracted oil. Oleic acid, linoleic acid and linolenic acid contents were $12.75 \pm 0.90\%$, $56.51 \pm 1.74\%$ and $19.18 \pm 2.69\%$, respectively. Additionally, SC-CO₂-extracted BHS oil showed higher iodine value, saponification value and tocopherol, lower acid value and peroxide values as well as stronger antioxidant activity than Soxhlet-extracted oil. In conclusion, RSM was successfully applied for SC-CO₂ extraction optimization of BHS oil. SC-CO₂ extraction was a better technique to produce higher value BHS oil than traditional Soxhlet extraction.

Keywords Bama hempseed oil . Supercritical carbon dioxide extraction . Response surface methodology . Optimal processing . Fatty acid compositions

1. INTRODUCTION

Bama hempseed (BHS), named from its origin Bama county (one of five longevity towns in the world) in Guangxi province, is a famous local hemp cultivar and longevity food, which is a medicine food homology plant with a history of more than 3000 years in China(Callaway, 2004). Recent studies have found that edible hemps contain many valuable compoincluding fatty acids, cannabidiol, nents, βcaryophyllene, myrcene, β -sitosterol, α/γ -tocopherol and methyl salicylate (Deferne et al. 1996; Leizer et al. 2000). Some researchers further investigated healthy aspects of hempseed oil. Hempseed have been reported that contained the highest amounts of unsaturated fat among edible vegetable oils, which is rich in omega-3 and omega-6 fatty acid. Linoleic acid and linolenic acid ratio is 3:1 (Kriese et al.2004; Matthäus et al. 2008). This ratio is considered to be the best proportion for normal metabolism of human body(Kostić et al. 2013). These two polyunsaturated fatty acids possess potential health benefits owing to their anti-inflammatory, antithrombotic, antiarrhythhypolipidemic properties(Simopoulos, mic and 2002). Hempseed oil also contains appreciable amounts of tocopherols with antioxidant activity (Leger, 2000). Previous studies have found that this oil (grow in Canada) contains more than 800 mg/kg tocopherol, mainly existing in the form of ytocopherol (85%). y-Tocopherol exhibits radicalscavenging and anti-cancer activities, and its antioxidant capacity is higher than α -tocopherol and β tocopherol (Lampi et al. 1997; Oomah et al. 2002). Besides, hempseed oil plays a role in treating constipation, secondary hard stool, chronic pharyngitis, neurodermatitis and high blood pressure in clinical medicine(Oomah et al.2002; Zhou et al.2018; Wolf, 1997; Callaway et al.2005). The potentially therapeutic properties make it very attractive to food, nutraceutical and pharmaceutical industries. Unfortunately, there are few reports on physicochemical property or gbioactive composition of special BHS oil.

Supercritical carbon dioxide $(SC-CO_2)$ as a medium for extracting oils has been applied in food industry in recent years. It is an alternative to conventional extraction methods (typically including screw press or organic solvent extraction) for edible vegetable oils. SC-CO₂ extraction presents a number of advantages such as non-solvent residue and good retention of aromatic compounds. SC-CO₂ can extract oil and protein simultaneously with minimal impact on environment, which is safer and more environmentfriendly than solvent extraction(Maran et al. 2013). However, pure CO_2 is not an appropriate extraction fluid for polar analytes and ethanol is needed to enhance the polarity of supercritical carbon dioxide. Previous studies have shown that SC-CO₂ extraction gives a low amount of yield as compared with Soxhlet extraction(Putra et al. 2018). What is more, SFE were fewer used for high quality hemp oil and other edible oils mainly due to very high investment costs of SFE equipment.(Aladic' et al. 2015).

As for extraction approach of hempseed oil, the previous reports focus mostly on organic solvent extraction, ultrasonication, enzyme-assisted aqueous extraction and enzyme-assisted cold-pressing(Latif et al. 2009; Torres-Salas et al. 2014). Presently, various authors adopted SFE for hemp oil extraction, however, the process parameters of SFE were conside too simple (Da Porto et al. 2012; Aladic et al. 2015). Response surface methodology (RSM) is a collection of mathematical and statistical techniques that are useful for the modeling and analysis of problems in which a response of interest is affected by several variables and the objective is to optimize this response(Latif et al. 2009; Stroescu et al. 2013). Until now, information on RSM optimization of SC-CO₂ extracting hempseed oil is limited. From previous studies, RSM had been used to optimize temperature, pressure and particle diameter on hemp seed (grow in Italy) oilextraction yield and oxidation stability. (Da Porto et al. 2012) and RSM was aslo conducted to study the effects of temperature, frequency, and nozzle size on hemp seed (grow in Croatia) oil recovery and quality parameters(Aladic et al. 2015). From the results, main parameters of SFE are not comprehensive consider enough. Compared with the former researther, Devi relatively comprehensive reported central composite design to optimize the parameters (i.e. temperature, pressure, CO₂ flow rate, particle size, and co-solvent

flow rate of CO_2 flow rate) of supercritical fluid extraction (Devi et al. 2018). However, Devi discussed too little relationships of parameters on yield and quality of oil.

SC-CO₂ extracting method of BHS oil was developed in the present study. Through comprehensive analyzing the effects of extraction pressure, extraction temperature, CO₂ flow rate and extraction time on BHS oil yield, the extracting process was optimized using a five-level and four-variable central composite rotatable design from RSM. Furthermore, quality indices, fatty acid compositions and antioxidant activities were also compared between SC-CO₂ extracting oil and Soxhlet extracting oil. The research consequences provide a scientific foundation for exploring safe, healthy and environment-friendly technique to produce higher value BHS oil.

2. MATERIALS AND METHODS

2.1. Materials and chemicals

BHS (Bama hempseed)was obtained from Bama county of Guangxi province, China . The BHS were dried in an oven at 40 °C until the moisture level was constant (10 % w/w)and the dried BHS were ground to a powdered form using a domestic mixer and passed through a 40-mesh sieve. Commercial lique-fied carbon dioxide (99.99% purity) was supplied by Guangxi Oxygen Co. (Nanning, Guangxi, China).Fatty acid standards were purchased from Sigma Chemical Co. (St Louis, MO, USA).The chemicals used were of analytical reagent grade that include 1,1-diphenyl-2-picrylhydrazil (DPPH), petroleum ether, ethanol etc.were purchased from Shanghai Yuanye Biochemical Regent Co., Ltd.

2.2. Soxhlet extraction

Soxhlet extraction was performed as positive control. Three grams of BHS powder (80-mesh) were extracted for 3 h at 40 °C using 100 mL of petroleum ether in a SZF-06A Soxhlet apparatus (Zhejiang Top Instrument Co., Hangzhou, Zhejiang, China). After extraction, solvent was evaporated from the extracted oil, dried for 1 h at 50 °C in an oven, and then stored at -4 °C until further analysis. Total oil yield (%) was calculated as follows: *Oil yield* (%) = (*mass of ex*-

tracted BHS oil / mass of BHS powder) ' 100.

2.3. Supercritical fluid extraction (SFE)

The efficiency of SC-CO₂ extraction was mainly affected by parameters of extraction pressure, extraction temperature, CO₂ flow rate and extraction time except for particle diameter of experimental material. Multiple variables may influence oil output, and RSM is an effective technique for optimizing SC-CO₂ extraction process(Yolmeh et al. 2017). The schematic diagram of SFE system (100 mL sample capacity, Model SFE-500M1-2, American Thar Co., Applied Separations Inc., Allentown, PA, USA) was used to extracted BHS oil. A total of 35 g of BHS powder were placed into a 200×30 mm extraction vessel. After an initial air purge, liquefied CO₂ was pumped into the vessel by a high-pressure pump to a given pressure. The temperature inside vessel was raised and maintained at the desired level by a heating jacket outside vessel. Extraction pressure and extraction temperature were controlled to the accuracy of ± 0.5 MPa and ± 0.5 °C. CO₂ flow rate was regulated by adjusting the length of pumping stroke. After extraction, BHS oil was collected into a transparent bottle and weighed to determine yield. It was used as sample for analyzing quality indices, fatty acid compositions and antioxidant activities.

2.4. Optimal extraction conditions of BHS oil

Central composite design by RSM was used to study effects of four independent variables (extraction pressure, extraction temperature, CO_2 flow rate and extraction time) at five levels on BHS oil yield. Ranges and center points for these four independent variables were based on the results of preliminary experiments (Table 1). Central composite design consisted of 24 factorial points and six replicates of central point (Table 2). The behavior of the system was explained by the second degree polynomial according to following equation

$$Y = \beta_0 + \sum_{i=1}^4 \beta_i X_i + \sum_{i=1}^4 \beta_{ii} X_i^2 + \sum_{i=1}^3 \sum_{i=1}^3 \beta_{ij} X_i X_j$$

where *Y* was response function, β_0 was intercept, and β_i , β_{ii} and β_{ij} were coefficients of linear, quadratic and interactive terms, respectively. X_i and X_j were coded independent variables. The fitted polynomial equation

was expressed as surface and contour plots to visualize relationship between responses and experimental levels of each factor. Design-Expert 8.05 (Stat-Ease Inc., Minneapolis, MN, USA) was used to determine the analysis of variance (ANOVA) and the coefficient of determination (R^2) was used to estimate the fitness of model.

2.5. Quality attributes of the extracted BHS oil

Transparency, smell, color, oil gravity, refractive index, iodine value and saponification value of extracted BHS oil were determined using AOAC standard analytical methods(AOAC International, 2002). Iodine value was expressed as grams of iodine absorbed per 100 g of oil sample. Acid value and peroxide value were calculated through standard IUPAC methods(Paquot, 2013).

2.6. Fatty acids of the extracted BHS oil

Fatty acids in extracted BHS oil were analyzed on an Agilent 1100 gas chromatography (Agilent Technologies, Santa Clara, CA, USA) equipped with a fused silica capillary column (60 m \times 0.25 mm \times 0.25 μ m, Trace Tr-fame, Thermo Fisher Scientific, Waltham, MA, USA) and a flame ionization detector (FID), according to the modified method of Yu et al(Yu. et al.2004) The oven temperature was initially set at 60 °C for 3 min, and then increased to 175 °C at a rate of 5 °C/min and kept for 15 min. Finally, it increased to 220 °C at a rate of 2 °C/min and kept for 10 min. A total of 1 µL of sample was injected with a split ratio of 1:100. Hydrogen and atmosophere were also injected at flow rates of 30 mL/min and 400 mL/min. Nitrogen was used as carrier gas at a flow rate of 25 mL/min. Fatty acid compositions were identified by comparing retention time with authentic compounds

analyzed under the same conditions. Fatty acid contents were calculated from their peak areas.

2.7. Antioxidant activity of the extracted BHS oil

The radical scavenging activities of extracted BHS oil were measured according to the method of Han (Han et al. 2018). The reaction mixtures contained 2 mL of BHS oil in ethanol and 2 mL of 1,1-Diphenyl-2-picrylhydrazyl(DPPH) solution in ethanol (0.05

mM) in the test tube. The tubes were reacted for 30 min in darkness after vigorously shaking. The absorbance value of reactants was determined at 517 using а UV-visible spectrophotometer nm (GENESYS 10S UV-Vis, Thermo Fisher Scientific), which was denoted as A_1 , while the absorbance value of other mixtures, including the 2-mL sample solution and the 2 mL of ethanol, were denoted as A_2 . Then, we took 2 mL of ethanol and 2 mL of DPPH solution in a mixture and determined the absorbance value after the reaction, which was denoted as A_0 . At the same time, the control group of antioxidant Vitamin C was determined.DPPH free radical scavenging rate (%) was calculated as follows: DPPH free radical scavenging rate (%) = $[1 - (A_1 - A_2) / A_0] \times 100$.

2.8. Statistical analysis

All experimental results performed under CCD were analyzed using Design-Expert8.05 software (Stat-Ease, Inc., Minneapolis, MN, USA). Data were statistically analyzed via Duncan's test using SPSS 17.0 software (SPSS Inc., Chicago, IL, USA) and presented as means \pm standard deviations obtained by triplicate experiments. A probability value of p < 0.05 was considered significant for differences among mean values.

				Level		
Independent variables	Symbol	-2	-1	0	1	2
Extraction pressure (MPa)	X_l	25	30	35	40	45
Extraction temperature (°C)	X_2	30	35	40	45	50
CO ₂ flow rate (L/min)	X_3	5	6	7	8	9
Extraction time (h)	X_4	1.5	2	2.5	3	3.5

Table 1. Independent variables and their levels used RSM design

Table 2. Experimental design for five-level-four-factor cer	ntral composite design and the obtained responses for
SC-CO ₂ extracting BHS oil	

Run	X_l	X_2	X_3	X_4	Y (%)
1	-1	-1	1	-1	9.05 ± 2.12
2	1	-1	-1	-1	12.01 ± 4.24
3	1	-1	1	-1	14.3 ± 0.71
4	0	0	2	0	15.78 ± 0.35
5	1	1	1	1	24.67 ± 0.91
6	-1	-1	1	1	18.28 ± 2.47
7	0	0	-2	0	9.46 ± 1.06
8	2	0	0	0	24.35 ± 0.34
9	0	0	0	0	21.3 ± 2.17
10	-2	0	0	0	14.89 ± 1.41
11	1	1	-1	-1	12.45 ± 1.53
12	-1	1	1	-1	12.56 ± 3.18
13	0	0	0	0	19.9 ± 3.77
14	1	-1	1	1	26.78 ± 2.75
15	0	0	0	-2	8.71 ± 0.35
16	-1	1	-1	-1	10.5 ± 1.41
17	-1	-1	-1	1	17.93 ± 2.83
18	1	1	-1	1	17.61 ± 1.77
19	1	1	1	-1	18.21 ± 2.47
20	0	0	0	0	19.4 ± 2.12
21	0	0	0	0	18.7 ± 0.32
22	-1	1	1	1	15.79 ± 1.50
23	0	2	0	0	15.48 ± 2.52
24	0	0	0	0	18.5 ± 1.08
25	1	-1	-1	1	22.38 ± 4.95
26	-1	1	-1	1	15.1 ± 0.80
27	0	0	0	0	19.2 ± 2.03
28	-1	-1	-1	-1	8.59 ± 0.20
29	0	-2	0	0	17.71 ± 3.22
30	0	0	0	2	24.37 ± 1.30

Y is the dependent variable.

3. REULTS AND DISCUSSION

3.1. Central composite design for SC-CO₂-extracted BHS oil by RSM

The conditions for SC-CO₂-extracted BHS oil were optimized by RSM using central composite design. Table 2 showed the design matrix and the obtained responses for extraction yield. BHS oil yield (Y) was calculated as follows: $Y = 19.50 + 2.48X_1 - 0.29X_2 + 1.49X_3 + 3.84X_4$ $-0.025X_1^2 - 0.78X_2^2 - 1.78X_3^2 - 0.80X_4^2 - 0.16X_1X_2 +$ $X_1X_3 + 0.50X_1X_4 + 0.50X_2X_3 - 1.37X_2X_4 + 0.12X_3X_4$ where Y was response variables, X_1 , X_2 , X_3 and X_4 were coded values of four independent variables (extraction pressure, extraction temperature, CO₂ flow rate and extraction time), 19.5 was a constant, and other numbers were linear, quadratic and interactive coefficients. Three -dimensional surface response plots were generated by varying two variables within experimental range and holding the other two constant at central point. The coefficients of response surface equation were estimated by using Stat Graphics Centurion XV (Thermo Fisher

Scientific). The test of statistical significance was based on total error criteria with a confidence level of 95%. BHS oil yields obtained from all experiments were also listed in Table 2. The experimental data were used to calculate coefficients of second-order polynomial equation. The obtained regression coefficients were summarized in Table 3. ANOVA showed that the resultant second-order polynomial model adequately represented experimental data with R^2 equal to 0.9865. ANOVA also evaluated the significance of coefficients in model (Table 3). In this model, a large regression coefficient and a small P-value indicated obvious effects on respective response variables. Thus, the partial regression coefficient of independent variables $(X_1, X_3 \text{ and } X_4)$, three quadratic terms $(X_2^2, X_3^2 \text{ and } X_4^2)$, and the interaction terms of X_2X_4 were extremely significant (P < 0.01), suggesting that they had obvious effects on Y value. The partial regression coefficient of interaction terms $(X_1X_3,$ X_1X_4 , and X_2X_3) were significant (P < 0.05), suggesting that they also had obvious effects on Y value.

V	S	16	M	E1	D1
Variable	Sum of squares	aj	Mean square	<i>F</i> -value	<i>P</i> -value
Model	715.90	14	51.14	78.15	< 0.0001**
X_l	147.66	1	147.66	225.67	< 0.0001**
X_2	1.98	1	1.98	3.02	0.1026
X_3	53.13	1	53.13	81.21	< 0.0001**
X_4	354.12	1	354.12	541.22	< 0.0001**
$X_1 X_2$	0.43	1	0.43	0.66	0.4290
$X_1 X_3$	15.90	1	15.90	24.30	0.0002**
$X_1 X_4$	4.07	1	4.07	6.22	0.0248**
$X_2 X_3$	4.07	1	4.07	6.22	0.0248**
$X_2 X_4$	30.17	1	30.17	46.11	< 0.0001**
$X_3 X_4$	0.23	1	0.23	0.36	0.5597
X_l^2	0.017	1	0.017	0.026	0.8731
X_{2}^{2}	16.75	1	16.75	25.59	0.0001**
X_{3}^{2}	86.43	1	86.43	132.09	< 0.0001**
X_{4}^{2}	17.34	1	17.34	26.50	0.0001**
Residual	9.81	15	0.65		
Lack of fit	4.67	10	0.47	0.45	0.8647
Pure error	5.14	5	1.03		
Correlation total	725.72	29			

Table 3. ANOVA for recovery of SC-CO₂ extracting BHS oil

** Significant at 95% confidence level, where f is a random variable generated from the statistic. df, degrees of freedom.

Response surfaces generated by proposed models expressed interactions between two independent variables. Figure 1a showed 3-D response plot of BHS oil yield under varying extraction pressure and extraction temperature at fixed extraction time (3 h) and CO₂ flow rate (7.51 L/min). This yield significantly increased under extraction pressure of 25-40 MPa, the reason was that at high pressures the solubility of the oil increased due to the increase in density of CO₂, leading to greater oil solubility in CO₂.(Brunner, 1994; Molero Gomez et al. 2002; Da Porto et al. 2012). However, the oil yield gradually decreased under 40-45 MPa probably due to the fact that the highly compressed CO₂ facilitates solute-solvent repulsion (Liu et al. 2009; Da Porto et al. 2012). Besides, owing to a positive correlation of hemp melanin dissolution with supercritical fluid extraction pressure, the higher pressure was, the earlier green grease with stimulation smell presented (Tomita et al. 2013). For this reason, high pressure is not always recommended (Yamini et al. 2008).

In addition, BHS oil yield increased at extraction temperature of 30-36.15 °C, and then indistinctively decreased at 36.15-50 °C, which was probably caused by oil viscosity changes at different tempera-

tures. Oil viscosity decreased with extraction temperature rising, and thus the withdrawal of oil from BHS became easier at high temperature. High temperature accelerated CO2 flow rate so as to increase circulation speed. However, high temperature reduced distribution coefficient of BHS oil in supercritical CO₂. Although CO₂ circulation speed accelerated, total extraction yield of BHS oil decreased(Reverchon et al. 2006). Therefore, the interaction between extraction pressure and extraction temperature had no significant influence on BHS oil yield. Figure 1b showed 3-D response surface plot of BHS oil yield under varying extraction pressure and CO₂ flow rate at fixed extraction temperature (36.15 °C) and extraction time (3 h). This yield rapidly increased at CO_2 flow rate of 5-7.51 L/min, but gradually decreased beyond 7.51 L/min. Additionally, BHS oil yield rapidly increased under extraction pressure of 25-45 MPa, but reached a plateau beyond 38.8 MPa. Pressure curve indicated that at low CO₂ flow rate, BHS oil yield increased when pressure rose. However, at high pressure, this yield declined with CO₂ flow rate increasing, probably because the short contact time between BHS particles and CO₂ reduced oil solubility. Figure 1c showed 3-D response surface plot of BHS oil yield under varying extraction time and extraction pressure at fixed extraction temperature (36.15 °C) and CO₂ flow rate (7.51 L/min). This yield appeared initially rising and then decreasing trend with the rise of extraction pressure. It reached the maximum when extraction time and extraction pressure were 3 h and 38.8 MPa. The reason for oil yield decreasing at high pressure was that CO₂ became very difficult to infiltrate into BHS and interaction time between solute and solvent was short. Thus, the interaction of extraction time and extraction pressure significantly affected BHS oil yield within a certain range. Figure 1d showed 3-D response surface plot of BHS oil yield under varying extraction temperature and CO₂ flow rate at fixed extraction pressure (38.8 MPa) and extraction time (3 h). This yield reached the maximum when extraction temperature and CO₂ flow rate were 36.15 °C and 7.51 L/min. The interaction of extraction temperature and CO₂ flow rate significantly affected BHS oil yield. Figure 1e showed 3-D response surface plot of BHS oil yield under varying extraction temperature and extraction time at fixed extraction pressure (38.8 MPa) and CO₂ flow rate (7.51 L/min). This yield reached

the maximum within longer extraction time at low temperature, but contrarily reached the maximum within shorter extraction time at high temperature. BHS oil yield depended mainly on the competition between solute vapor pressure and supercritical fluid density. When extraction temperature rose, solute vapor pressure increased, and oil dissolving ability enhanced. However, the increasing temperature reduced supercritical fluid density, resulting in a decline of dissolve capacity of supercritical fluid. Thus, the interaction of extraction temperature and extraction time significantly affected BHS oil yield. Figure 1f showed 3-D response surface plot of BHS oil yield under varying CO₂ flow rate and extraction time at fixed extraction temperature (36.15 °C) and extraction pressure (38.8 MPa). BHS oil yield significantly increased with CO2 flow rate and extraction time increasing, but the interaction between CO₂ flow rate and extraction time on this yield was not significant. Because contact time between BHS and CO₂ became shorter when flow rate increased, fat dissolution rate was lower, resulting in unobvious increase of oil yield.



Fig.1 Response surface analysis of interaction items on recovery of SC-CO₂ extracting BHS oil (shaking rate = 100 rpm). (a) interaction items of extraction temperature and extraction pressure; (b) interaction items of CO₂ flow rate and extraction pressure; (c) interaction items of extraction time and extraction pressure; (d) interaction items of CO₂ flow rate and extraction temperature; (e) interaction items of extraction time and extraction temperature; (f) interaction items of extraction time and extraction temperature; (f) interaction items of extraction time and CO₂ flow rate.

Item	Std. Dev.	Mean	C.V (%)	R ²	Adj R ²	Pred R ²	Press	Adeq Precision
Numerical value	0.81	16.80	4.82	0.9865	0.9739	0.9527	34.33	31.886

Table 4. Credibility analysis of regression model

3.2. Regression model and significance test for SC-CO₂-extracted BHS oil

The variance analysis for SC-CO₂-extracted BHS oil was performed to test the significance of regression model. The results showed that the significance of each coefficient was ascertained using F-test and associated P-value (Table 3). P-value could indicate interaction pattern between variables. The ANOVA of quadratic regression model demonstrated that the model was highly significant, because F-test exhibited a very low probability value (P < 0.0001). F-value of 78.15 implied that the model was significant. The 'Lack-of-Fit F-value' of 0.45 (> 0.05) implied that the 'Lack-of-Fit' was not significant. Furthermore, from Table 3, linear coefficients $(X_1, X_3 \text{ and } X_4)$, quadratic term coefficients (X_2^2, X_3^2) and X_4^2 and cross-product coefficients (X_1X_3, X_1X_4, X_2X_3) and X_2X_4) were all significant with very small P-values (P < 0.05). The other term coefficients were not significant (P > 0.05). Therefore, $X_1, X_3, X_4, X_2^2, X_3^2, X_4^2$, X_1X_3 , X_1X_4 , X_2X_3 and X_2X_4 represented the most important factors during BHS extraction process. In order to validate the credibility of quadratic regression model, R-Squared, Adj R-Squared, variation coefficient and other characteristic parameters were determined from Table 4. The coefficient of determination (R^2) for data fit was 0.9865, the Adj R-Squared was 0.9739, and the coefficient of variation was 4.82%, respectively. These values indicated that polynomial model presented adequate accuracy and general availability. However, the reproducibility of model should be verified combining with actual production conditions.

3.3. Optimal conditions for SC-CO₂-extracted BHS oil

Design Expert 8.0.5 software was used to obtain regression equation in the scope of selected factors. X_1 , X_2 , X_3 and X_4 were used to calculate partial derivatives to determine the maximum yield and the optimal extraction conditions of BHS oil. In the present experimental ranges, the optimal extraction condition was predicted as extraction pressure of 38.8 MPa, extraction temperature of 36.15 °C, CO₂ flow rate of 7.51 L/min and extraction time of 3 h. Under this condition, BHS oil yield was predicted to be 26.82%. Considering operational convenience, the actual condition for SC-CO₂-extracted BHS oil was determined as extraction pressure of 40 MPa, extraction temperature of 35 °C, CO₂ flow rate of 7.5 L/min and extracting time of 3 h. In order to verify this predicted result, SC-CO₂-extracted BHS oil under above actual condition was repeated three times. The oil yield was calculated as 27.5% averagely, higher than oil yield of 22.1± 0.7% reported by Porto (Porto et al. 2012).which is basically accorded with the predictive value of $26.82 \pm 2.54\%$, indicating that the predictive value of oil yield was fit with actual situation, and the model was suitable for optimizing processing parameters of SC-CO₂-extracted BHS oil.

3.4. Quality indices of BHS oil

From Table 5, no significant differences were found in oil gravity, refractive index, acid value, saponification value, tocopherol and oil yield between SC-CO₂extracted BHS oil under optimal condition and Soxhlet-extracted BHS oil (positive control). However, comparing with positive control, SC-CO₂extracted oil presented higher transparent, lighter color and better smell (Fig. 2) as well as higher iodine value (Table 5). The reason attrubute to that SC-CO₂ unlike organic solventis, which usually non-selective and causes the simultaneous removal of non-volatile pigments and waxes contaminated with solvent residues.(Da Porto et al. 2012) . On the contrary, SC-CO₂-extracted oil showed obviously lower peroxide value than positive control, indicating that SC-CO₂extracted oil was not easier to be oxidized than Soxhlet-extracted oil. In sum, SC-CO2-extracted BHS oil exhibited high transparency, good color, pleasant smell and low peroxide value, indicating that it had better sensory attributes and physicochemical

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properties than traditional Soxhlet-extracted oil. This result was similar to hemp seed oil (Da Porto et al. 2012) and other differrent vegetable oils (Bernardo-Gil et al.2004). Considering environmental and health-related problems of petroleum ether as Soxhlet extraction solvent, BHS oil for its potential health benefits is a special oil and its corresponding higher value make its extraction using SC-CO2 an economically viable option (Da Porto et al. 2012).



Fig.2 BHS oil extracted by different methods. (a) BHS oil extracted by SC-CO₂; (b) BHS oil extracted by petroleum ether.

Table 5.	Quality	indices	of BHS	oil	under	different
extraction	n process	es				

Parameter	Soxhlet-extracted oil	SC-CO ₂ -extracted oil
Transparency	Little turbidity	Transparent
Smell	Hemp oil fragrance with unpleasant smell	Hemp oil fragrance
Color (Color slot: 25.4 mm)	Y58.2R6.3B5.0	Y42.3R2.1B1.2
Oil gravity (20 °C)	0.935 ± 0.002	0.933 ± 0.002
Refractive index (n20)	1.477	1.478
Acid value (mg/g)	1.78 ± 0.07	1.74 ± 0.23
Iodine value (g/100 g)	144.42 ± 0.37	164 ± 0.16
Saponification value (mg/g)	186 ± 0.18	188 ± 0.35
Peroxide value (mmol/kg)	16.48 ± 0.15	4.8 ± 0.18
Tocopherols (mg/100 g)	37.2 ± 0.32	38.3 ± 0.12
Oil yield (%, w/w)	30.06 ± 0.26	26.18 ± 0.5

3.5. Fatty acid compositions of BHS oil

Fatty acid profiles were compared between SC-CO₂extracted BHS oil under optimal condition and Soxhlet-extracted BHS oil (positive control). No significant difference in fatty acid compositions was found between SC-CO₂-extracted oil and positive control.Others authors obtained similar results from hemp seed oil (Da Porto et al. 2012) and other differrent vegetable oils(Devittori et al.2000; Bernardo-Gil et al., 2004). Six main fatty acid components, i.e. three saturated fatty acids, one monounsaturated fatty acids and two polyunsaturated fatty acids, were identified from BHS oil using gas chromatography (Table 6). Polyunsaturated fatty acids (accounting for 75.69 \pm 4.08%) dominated fatty acids in this oil, followed by monounsaturated fatty acids (accounting for 12.75 \pm 0.90%), while saturated fatty acids content (accounting for $9.43 \pm 0.08\%$) was the lowest.

All BHS oil samples exhibited high amounts of total unsaturated fatty acid in the present study. Its content in SC-CO₂-extracted oil (88.44 \pm 4.98%) was higher than that in positive control ($85.12 \pm 8.96\%$). Hemp seed oil usually contains abundant polyunsaturated fatty acids such as linolenic acid and linoleic acid (Deferne, 1996). The main polyunsaturated fatty acids in BHS oil was linoleic acid (56.51 \pm 1.74% for SC-CO₂-extracted oil and 56.19 \pm 4.69% for positive control), which was significantly higher than linolenic acid (19.18 \pm 2.69% for SC-CO₂-extracted oil and $19.52 \pm 4.01\%$ for positive control). In addition, linoleic acid in BHS oil was also higher than that in common Chinese hemp varieties such as Gansu variety (about 49.77%) and Ningxia variety (about 51.34%) (Yu et al. 2009). The main monounsaturated fatty acids in BHS oil was oleic acid. The concentration of oleic acid in SC-CO₂-extracted oil ($12.75 \pm 0.93\%$) was significantly higher than that in positive control $(9.41 \pm 0.31\%)$. The main saturated fatty acids in BHS oil was palmitic acid $(6.28 \pm 0.08\%)$ for SC-CO₂ -extracted oil and $11.41 \pm 0.18\%$ for positive control). Two other saturated fatty acids, i.e. stearic acid $(2.75 \pm 0.15\%$ for SC-CO₂-extracted oil and 2.34 ± 0.33% for positive control) and arachidic acid (0.40 \pm 0.15% for SC-CO₂-extracted oil and 0.38±0.07% for positive control), were also identified from BHS oil.

From above results, fatty acid compositions in SC-CO₂-extracted BHS oil were similar to Soxhletextracted BHS oil. Comparing with Soxhlet-extracted oil, SC-CO₂-extracted oil contained higher contents of unsaturated fatty acids, which made it superior for polymerization and modification due to more unsaturated double bonds in fatty acid chain(Da Porto et al.2012).

Table	6. Fatty	v acid	compositions	of	BHS	oil	under
differe	nt extrac	ction p	processes				

Fatty acids	Soxhlet-extracted	SC-CO ₂ -extracted
C _{16:0}	11.41 ± 0.18	6.28 ± 0.08
C _{18:0}	2.34 ± 0.33	2.75 ± 0.15
C _{18:1}	9.41 ± 0.31	12.75 ± 0.93
C _{18:2}	56.19 ± 4.69	56.51 ± 1.74
C _{18:3}	19.52 ± 4.01	19.18 ± 2.69
C _{20:0}	0.38 ± 0.07	0.40 ± 0.15
Monounsaturated fatty acid	9.41 ± 0.31	12.75 ± 0.90
Polyunsaturated fatty acid	75.71 ± 8.66	75.69 ± 4.08
Unsaturated fatty acid	85.12 ± 8.96	88.44 ± 4.98
Saturated fatty acid	14.13 ± 0.24	9.43 ± 0.08

 $C_{16:0}$, palmitic acid; $C_{18:0}$, stearic acid; $C_{18:1}$, oleic acid; $C_{18:2}$, lenoleic acid; $C_{18:3}$, linolenic acid; $C_{20:0}$, arachidic acid. All data were expressed as mean \pm standard deviation.

3.6. Antioxidant activities of BHS oil

The differences of antioxidant activities between SC-CO₂-extracted BHS oil under optimal condition and Soxhlet-extracted BHS oil (positive control) were determined using DPPH radical scavenging capacity method. From Fig. 3, SC-CO₂-extracted oil showed higher DPPH radical scavenging rate (66.62 \pm 0.80%) than positive control (62.31 \pm 0.56%), which indicated it possessed better antioxidant activity. Similar results that hemp seed oil extracted by supercritical CO₂ exhibits the highest value of RSC (46.7 \pm 3.1 μ M) corresponding to 1.87 α -tocopherol equivalents/ml oil, about two-fold higher thanvergin olive oil (20.4 \pm 5.6) had been reported by Da Porto(Da Porto et al. 2012). Since SC-CO₂ extraction was performed at low temperature, which reduced thermal degradation of antioxidant compounds in BHS oil. As some researchers reported, the antioxidant potential of plant oils was mainly attributed to polyunsaturated fatty acids, vitamin E homologues (e.g. tocopherols) (Ramadan et al.2006; Putra et al. 2018). In vegetable oils, tocopherols are the most important natural antioxidants present (Kamal-Eldin et al.1996). In this study, BHS oil possessed relatively high content of polyunsaturated fatty acids (75.69±4.08%)and tocopherols(38.3 ± 0.12 mg/100g). Though, the content of polyunsaturated fatty acids (75. $69\pm4.08\%$) and tocopherols (38.3±0.12 mg/100g) have found lower than polyunsaturated fatty acids(81.08%, grow in Italy)) and tocopherol (800 mg/kg)of hemp seed oil (grow in Canada) reported by Da Porto and Oomah et al(Da Porto et al.2012; Oomah et al.2002). However, polyunsaturated fatty acids and tocopherols are still probably contributed to the antioxidant activity of BHS oil.



Fig.3 DPPH radical scavenging activities of BHS oil under different extraction processes. SE, Soxhlet-extracted oil; SFE, SC-CO₂-extracted oil. Data were expressed as mean \pm standard deviation.

4. CONLUSION

Second-order poly-nomial model was sufficient to describe and predict the responses of BHS oil yields with SC-CO₂ extraction process varies in the present experimental ranges. Extraction pressure, CO_2 flow rate and extraction time independently and significantly affected BHS oil yield. In addition, the interaction between extraction temperature and extraction

time had a significant influence on the oil yield. The graphical optimization result predicted that the optimal extraction condition in the present experimental ranges was extraction pressure of 38.8 MPa, extraction temperature of 36.15 °C, CO₂ flow rate of 7.51 L/min and extraction time of 3 h. SC-CO₂-extracted oil yield under this condition was similar to Soxhlet-extracted oil. Furthermore, SC-CO₂-extracted oil exhibited higher transparency, better color, more pleasant smell, higher iodine value, lower peroxide value, more unsaturated fatty acid and stronger antioxidant activity than Soxhlet-extracted oil, indicating that SC -CO₂ extraction was a better technique to produce healthy, environment-friendly and higher value BHS oil than traditional Soxhlet extraction.

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