Caffeoylquinic acids are ubiquitous phenolic compounds with several health benefits to humans and they have been shown to be promising anti-HIV compounds. In this work, molecular docking was used to study the inhibition of HIV-I integrase and protease using caffeoylquinic acids. It was possible to establish that the naturally occurring caffeoylquinic acids are not suitable as inhibitors for protease but are very good inhibitors for integrase. A new binding site was found for 3, 4-O-di-Caffeoylquinic acid between the chains of HIV-I integrase that could possibly lead to a disruption of the catalytic process of HIV-I integrase.

KEYWORDS: HIV, integrase, protease, molecular docking, in silico, caffeoylquinic acid, enzyme inhibition

INTRODUCTION
Caffeoylquinic acids (CQAs) are esters of caffeic and quinic acid. These hydroxyxycinnamates have drawn a lot of research attention in applications related to diabetes(1,2), cancer(3,4) and cardiovascular diseases(5,6). In the 80s, CQAs were considered a novel family of anti-viral compounds(7) and much research was performed on their anti-HIV properties during the 90s(8–10). Recently, the interest in the mechanism of action of these substances over HIV has reappeared (11).

HIV-I protease (EC 3.4.23.16) is a key therapeutic target against HIV-I and, since its structure was discovered, FDA has approved ten inhibitors(12). Most of the inhibitors for proteases are modified peptides or peptide-like. Tipranavir® is the only FDA approved protease inhibitor that does not have a peptide scaffold. In addition to the low oral bioavailability and fast excretion, these inhibitors are becoming less effective with the emergence of drug resistant HIV (13). The design of new inhibitors is moving from these towards macro-cyclic molecules that retain the geometry of a β-strand (protease’s substrate) but without the peptide nature (13,14) in the hope that these new drugs will be able to overcome the many drug resistance mutations of HIV-I (15).

HIV-I integrase ensures that the genetic material of HIV is inserted into the genetic material of the host. Inhibiting it would prevent this from happening. In 1999, Zhu et al.(16) established that dicaffeoylquinic acids (dICQAs) could inhibit HIV-I integrase in an irreversible manner. They were also able to demonstrate that dICQAs were noncompetitive inhibitors of HIV-I integrase and several other Integrase enzymes. In 2010, Hu et al.(17) reported that 3, 4-O-diCQA had two possible binding mechanisms on HIV-I integrase. One of the binding sites was the active site of HIV-I integrase and the other binding site was in a pocket on the other side of the flexible loop that contains the catalytic residues. According to Hu et al., by binding at this site, 3, 4-O-diCQA would change the conformation of the loop and the enzyme was inhibited.

MATERIALS & METHODS
To perform the experimental work, the crystal structures of HIV-I protease and integrase were downloaded from the PDB website (ids: 1HXB and 3AO3 respectively).

The published crystal structure for protease refers to the enzyme containing the inhibitor Saquinavir and the crystal structure for the integrase contains a novel inhibitor referred to as 3-(1,3-benzodioxol-5-yl)-1-methyl-1H-pyrazole- 5-carboxylic acid. The conformations of each inhibitor were reproduced using AutoDockVina(18) and their binding affinity was used as control/base value to compare with the CQAs.

Molecules of several diCQAs(1,3-, 1,5-, 3,4-, 3,5- and 4,5-diCQA) were created and optimized using the MM+ force field to an RMS below
0.01 kcal/mol. The molecule of 5-O-CQA was also used.

Three types of docking were used on this study. In rigid docking, the possible binding conformations of a ligand (small molecule) in a specific area of the receptor are evaluated by rotating its bonds and translating the molecule. Flexible docking is similar to rigid docking in the sense that the search area is specific but on this type of docking, several amino acid residues possess rotational freedom (several bonds can rotate). The rotation of the amino acids allows to reproduce more closely the accommodation of ligands when they bind to their target and also makes it possible to optimize results from rigid docking. Finally, blind docking has no flexibility on the amino acid residues but the search area includes the entire receptor. This type of docking is used to find the most likely place for a ligand to bind to the receptor, it is very useful to confirm results from other dockings or to find the binding site of a new ligand without the location bias of the rigid docking.

All docking calculations were performed using AutoDockVina(18).

RESULTS

The docking studies for HIV-I protease show that diCQAs will preferably bind to the same site as the commercial inhibitor Saquinavir® (fig 1 and 2) but with an affinity that was only 50-60% of the commercial product (fig 3).

Out of the analyzed CQAs, 1,3- and 1,5-diCQA had very similar conformations (fig 2 a). In addition, the 5' branch of 3,5-diCQA and 5-CQA also had similar conformations, differing only on the 3-caffeoyl moiety position (fig 2 c). Both the rigid and the blind docking results show that the CQA that binds better to HIV-I protease (i.e. has the most negative affinity) is 3,5-diCQA as it is shown by the graph on fig 3. This indicates that, out of all the analyzed ligands, it is the one most likely to bind to HIV-I protease.

As 3,4-diCQA had already been established as an inhibitor for HIV-I integrase and 3,5-diCQA was the best performing ligand against protease, these two were chosen to be submitted to flexible docking to determine if their poor affinity (compared to Saquinavir) could be improved.

The affinity of all ligands docked to HIV-I protease can be seen on fig. 3. Even resorting to flexible docking, the binding affinity of 3,4 and 3,5-diCQAs was still under 60% of the affinity of Saquinavir.

The crystal structure of HIV-I integrase had two sites containing the same inhibitor (3-(1,3-benzodioxol-5-yl)-1-methyl-1H-pyrazole- 5-carboxylic acid – one on chain A and one on B). This inhibitor was used as a control to compare with the affinity of the CQAs. Despite the fact that both chains of the enzyme were symmetrical, all ligands had better binding affinities on the B chain site than on the A chain. However, the control ligand had a lower binding affinity on the B chain (fig. 4). Regarding the best scoring conformation of the blind docking, 1,3-, 3,5- and 4,5-diCQAs were docked at the B chain pocket, 1,5-diCQA was docked at the A chain
pocket and both 3,4-diCQA and 5-CQA were docked in a new site (fig. 5).

As it is possible to see on figure 5, while the inhibitor from the crystal structure of HIV-I integrase binds to pockets between both protein chains. The new binding site of 3,4-diCQA and 5-CQA is located at the top of the enzyme between both chains. In order to better visualize the binding of 3, 4-diCQA, it is represented by a surface wireframe. The residues that allow 3, 4-diCQA to bind to this novel site of HIV-I integrase through Hydrogen bonds are: A-Lys-71, A-Lys103, B-Lys-103, A-Lys-173 and B-Lys-173. As for 5-CQA, it established Hydrogen bonds with: A-Tyr-99, A-Lys-103, B-Lys-171, B-Lys-172, A-Lys-173 and B-Lys-173.

**DISCUSSION**

With this series of dockings it was possible to confirm several aspects of the works from Zhu et al.(16) and from Hu et al.(17). Firstly, the main finding of Zhu et al., was corroborated, that the inhibition of HIV-I integrase by diCQAs is performed in an allosteric site. The degree of inhibition is comparable to that of the control. This is corroborated even further by the fact that when the CQAs were docked to the active site region of HIV-I integrase described by Sottriffer & McCammon (19) the affinity of all CQAs is quite low (from -5.7 to -5.2 kcal/mol – data not shown).

It is clear that naturally occurring CQAs are poor inhibitors of HIV-I protease and this is likely due to the fact that they do not contain any macro cycles or resemble the conformation of a β-strand protein. The results from the blind docking also support this as all molecules were docked with a very similar conformation at the active site (data not shown).

**CONCLUSION**

Naturally occurring caffeoylquinic acids do not appear to be suitable for inhibiting HIV-I protease but an etherification reaction between phenols should create a macro-cycle similar to current protease inhibitors.

HIV-I integrase is inhibited by naturally occurring diCQAs especially 3,4 and 3,5-diCQA. A new possible binding site for the 3,4-diCQA and 5-CQA was found between chain A and B. It is possible that, by binding here, the CQAs disrupt the connection between the chains of the integrase leading to a loss of activity.

Considering the different results obtained in the several dockings that were performed in this work and the results from Hu et al., (17) the best course of action to determine where diCQAs bind in HIV-I integrase would be to solve its crystal structure bound to several CQAs. This, of course, would be a challenge in itself as the crystal structure of the full-length HIV-I integrase and its complexes with DNA has not been completely solved yet.

**ACKNOWLEDGEMENTS**

The Authors would like to acknowledge the Portuguese Foundation for Science and Technology (FCT) for the strategic project PEst-OE/QUI-674/UI0674/2014.

**REFERENCES**


